



April 14-17, 2011

WELL-BALANCED PROGRAM
COMPETITIVE TEST TRACK

Registration Due via Entryeze no later than March 1, 2011

Entry Page: [Skate Dallas 2011](#)

Payment via a secured credit card transaction

Hosted by:

The Dallas Figure Skating Club

Polar Ice House

3000 Grapevine Mills Parkway Suite 613

Grapevine, TX 76051



Sanctioned by US Figure Skating

2011 SKATE DALLAS APRIL 14-17, 2011

WELL-BALANCED PROGRAM COMPETITIVE TEST TRACK

HOSTED BY
THE DALLAS FIGURE SKATING CLUB
WWW.DALLASFSC.ORG

POLAR ICE HOUSE
3000 GRAPEVINE MILLS PARKWAY SUITE 613
GRAPEVINE, TX 76051

EVENTS INCLUDE: WELL-BALANCED PROGRAM FREESKATE, SHORT PROGRAM, TEST TRACK FREE SKATE, PAIRS, DANCE, COMPULSORY MOVES, MIF, SPINS, JUMPS, ARTISTIC, DUETS, SYNCHRONIZED TEAM

RULES/CONDUCT/ELIGIBILITY: Skate Dallas will be conducted in accordance with the rules and regulations of the U.S Figure Skating, as set forth in the 2011 Official U.S Figure Skating Rulebook, unless otherwise stated in this announcement. This competition is open to all eligible members of U.S Figure Skating in good standing in accordance with rule number 3056. Also, skaters from foreign countries who are members, or in good standing of their respected federations are eligible. Skaters may compete in events according to their test level as of March 1, 2011 or one level higher, unless otherwise stated in this announcement. No Test through Pre-Juvenile will be grouped by age. Juvenile and above will be randomly seeded. If entries warrant, a final round free skate will be held for Preliminary, Pre-Juvenile, Juvenile, Intermediate, Novice, Junior, and Senior events.

Skate Dallas will be using the IJS system of judging to determine all combined event (SP/FS) results for Juvenile through Senior level skaters competing in singles and pairs. All other events, including Open and Test Track levels will be judged using the 6.0 system of judging. All Intermediate, Novice, Junior and Senior skaters should submit their Planned Program Content Form or Short and Freeskate Programs by March 1, 2011. Juvenile skaters should submit Planned Program Content Form for their Freeskate Program ONLY. The Planned Program Content Form must be entered on the USFSA website in order to be used. The form can be found in the "Members Only" section, <https://www.usfsaonline.org>. Sign in to the "Members Only" site and select Online Event Reg., Event Manger, Program Content and then select Skate Dallas 2011. Changes will be accepted until 10 days prior to the competition. Program Content Forms turned in at the competition will not be accepted. Entries without the program content form will not be accepted. You should also expect additional time needed by accounting to process and post event results.

ENTRY FEES/DEADLINE: Entries will be limited, get your entries in early. Online entries with secure credit card payment may be made at www.Dallasfsc.com. Electronic entries must be paid with a successful credit card transaction to be considered valid and must be completed by midnight, March 1, 2011. Late entries will be accepted at the discretion of the competition committee, and only if accompanied by a \$50.00 late fee. No refunds NOT EVEN FOR MEDICAL will be made after March 1, 2011, unless no competition exists in that event. There will be a \$25.00 change fee for each change of event or level after March 1, 2011. The competition committee reserves the right to limit entries or cancel events based on time restrictions. Full refunds, minus the online processing fee, are available if withdrawal is prior to March 1, 2011. The online processing fee is not refundable for any reason.

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ENTRY FEES/DEADLINE CONTINUED:

First Event: Competitive Test Track, Adult, No Test, Pre-Preliminary, Preliminary, Pre-Juvenile, Open Juvenile, Open Pre-Juvenile, Artistic, Spins, Jumps, First Solo Dance Initial Entry \$87.00

Pre-Juvenile Pairs Initial Entry \$43.50 per person

Couples Dance, Juvenile, & Intermediate Pairs Initial Entry \$52.50 per person

Juvenile Free Skate Initial Entry \$105

Intermediate, Novice, Junior, Senior Free Skate (includes Short Program) Initial Entry \$130.00

(Novice, Junior, Senior Pairs \$65.00 per person) Initial Entry \$130.00

Additional Singles/Solo Dance Events Additional Entries \$25.00 per person

Additional /Dance Couple Events Additional Entries \$25.00 per person

Synchronized Team Entry fee \$100 per team plus \$5 per skater

SCHEDULE: Every attempt will be made to schedule official practice ice beginning, Thursday, April 14, 2011 with events beginning Friday April 15, 2011. If the number of entries warrants, it may be necessary to begin official practice ice on Wednesday, April 13, with events beginning Thursday afternoon, April 14, 2011.

FACILITY: Polar Ice House is located in Grapevine, Texas at 3000 Grapevine Mills Parkway, Suite 613, Grapevine, TX 76051. Both ice surfaces are 200' x 85' with rounded corners. Polar Ice House is considered a cold rink, be sure to bring warm clothing.

MUSIC: Music will be played from CDs ONLY. DO NOT USE CD-RW MATERIALS! There should be a separate music CD for EACH competitive program. Music CDs with multiple tracks will NOT be accepted. Compulsory dance music will be provided. Competitors must provide music for all other events. CDs must be clearly marked with competitor's name, event, and running time of music. The official competition CD must be turned in at the Registration Desk at the time of registration. Skaters will not be allowed to register without submitting their music. A duplicate music CD should be readily available at event time. CDs may be picked up at the Registration Desk following each event. Practice Ice music CDs, provided by the competitor, are to be turned in to the Ice Monitor just prior to competitor's official practice and picked-up from the Registration Desk following the practice session. The official competition music CD turned in at the Registration Desk is reserved for use during the event and may not be retrieved for Practice Ice use. Please keep adequate copies of your music CDs available.

REGISTRATION: The Registration Desk, located at the Polar Ice House, will be open from 1:00 p.m. to 8:00 p.m., Thursday, April 14, 2011. On the following days, the Registration Desk will be open at 8:00 a.m. The desk will remain open during most practice times and competition events. Skaters must submit their official music CD at time of registration.

PHOTOGRAPHY/VIDEO: Video Service and awards photos will be available for purchase. The competition committee reserves the right to restrict personal videotaping to your skater only. Personal cameras will be permitted in the bleachers only and may not be plugged into arena outlets. Video taping for personal profit is not allowed.

PRACTICE ICE: Practice Ice may be chosen online for \$14.00 for each 30 (thirty) minute session. Exclusive Synchronized Team practice ice may be chosen online for \$75.00 for each 20 (twenty) minute session. Pre-paid practice ice is non-refundable and may not be sold to other skaters.

AWARDS: Medals will be awarded to first, second, third and fourth place winners in all events. Ribbons will be awarded to fifth and sixth place winners. Trophies will be awarded to Preliminary, Pre-Juvenile, Juvenile, Intermediate, Novice, Junior, and Senior final round winners if number of entries warrant and time permits for final rounds to be held. Synchro Teams will be grouped by Division if there are at least two teams entered in the same division, otherwise all teams will be considered an exhibition and will be given a critique (upon request). All awards will be presented off-ice at the photographer's stand following each event.

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The *DEBBIE BLOUNT MEMORIAL TROPHY* will be awarded to the skater placing 1st in the Intermediate Ladies Final Round. This trophy is given in memory of Debbie Blount (Adult skater, mother of JN Competitor Gabbie Blount, and a dedicated Dallas FSC volunteer).

OFFICIAL NOTICES: An Official Bulletin area will be maintained at the Polar Ice House. Competitors and coaches are responsible for periodically checking the area for schedule changes and special announcements. Competitors should arrive at the arena 45 minutes prior to their scheduled event time.

GARMENTS AND SOUVENIRS: Official 2011 Skate Dallas Souvenirs may be purchased on line and will be available at the competition.

PROGRAM ADVERTISEMENTS: Please see enclosed form for placing advertisements in the Skate Dallas 2011 Official Competitors Program. Treat your favorite skater or coach to a special recognition.

HOTEL ACCOMMODATIONS: Host Hotel:

Hyatt Place - Grapevine

2220 West Grapevine Mills Circle Grapevine, TX 76051 Phone: (972) 691-1199

Room Rate: \$94 plus tax (mention "Skate Dallas" for rate – Deadline for reservation 3/23/11) complimentary Continental breakfast

Complimentary shuttle service: 24-Hour availability between DFW airport and the host hotel, plus to the Grapevine Mills Mall and various restaurants within a four mile radius. The rink is located .3 miles away in Grapevine Mills Mall.

Directions from DFW Airport to the Hyatt Place - Grapevine: Take North airport exit, to Route 121 North. Exit Bass Pro Drive, turn left at the stop light. Turn right at the second light onto TX 26 East. Turn left at the next stop light onto Grapevine Mills Blvd. South. The hotel is on the left just passed the first stop light.

Additional Hotels in area:

Homewood Suites Hilton

2214 Grapevine Mills Circle W. Grapevine TX 76051 Phone: 972-691-2427

Room Rate: King Suite \$149 (plus tax); 2 Bedroom \$189 (plus tax)

Mention "Skate Dallas" for rate - Deadline for reservation 3/23/11

Complimentary hot buffet breakfast and Complimentary dinner/social hour (Monday-Thursday)

Complimentary area shuttle

Springhill Suites-Grapevine

2240W. Grapevine Mills Circle Grapevine TX 76051 Phone: 972-724-5500

Room Rate: \$99 plus tax (mention "Skate Dallas" for rate - Deadline for reservation 3/24/11)

Single or double

Complimentary hot breakfast and Complimentary DFW shuttle

Comfort Suites- DFW North Grapevine

1805 Enchanted Way Grapevine, TX 76051 Phone: 972-471-1900

Room Rate: \$79 plus tax (mention "Skate Dallas" for rate - Deadline for reservation: 3/30/11)

One king or two double beds

Complimentary Full Hot Breakfast and Complimentary DFW Airport Shuttle

Complimentary Shuttle to Polar Ice at Grapevine Mills Mall

Residence Inn by Marriott

2020 State Highway 26 East, Grapevine, TX 76051 Phone: (972) 539-8989

Room Rate: \$119 plus tax (mention "Skate Dallas" for rate – Deadline for reservation 4/1/11)

Studio Suite

Complimentary Hot Breakfast Buffet and Thursday night Social Hour

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COMPETITION EVENTS:

Competitors may skate up one test level unless otherwise noted. Events will be conducted in accordance with the 2011-2012 rules and regulations of the U.S. FIGURE SKATING, set forth in the current rulebook, unless stated otherwise in this announcement. If entries warrant, a final free skate round will be held for Preliminary, Pre-Juvenile, Juvenile, Intermediate, Novice, Junior, and Senior events.

AGE REQUIREMENTS: All age requirements will be those stated in the current U.S. FIGURE SKATING rule book using March 1, 2011 as the cut-off date. Open Pre-Juvenile – 13 years of age and above and Open Juvenile - 13 years of age and above as of March 1, 2011.

WELL-BALANCED PROGRAM - FREE SKATE EVENTS:

Pre-Preliminary through Pre-Juvenile Free Skate programs are subject to jump restrictions as listed in 3690 to 3711 per the 2010-2011 U.S. FIGURE SKATING rule book.

No double jumps are allowed in No Test & Pre-Preliminary Free Skate. The initial round of Intermediate, Novice, Junior, and Senior will consist of a short program plus the long program. The Championship final round will consist of the long program only.

LEVEL	LENGTH	TEST REQUIREMENT
No Test	1.5 minutes	none (No Axel)
Limited Pre-Preliminary	1.5 minutes	Pre-Preliminary FS (NoAxel)
Pre-Preliminary	1.5 minutes	Pre-Preliminary FS (Axel Allowed)
Preliminary	1.5 minutes	Preliminary FS
Pre-Juvenile	2 minutes	Pre-Juvenile FS
Open Pre-Juvenile	2 minutes	Pre-Juvenile FS
Juvenile	2 minutes 15 seconds	Juvenile FS
Open Juvenile	2 minutes 15 seconds	Juvenile FS

SHORT PROGRAM

FREESKATE PROGRAM LENGTH

Please Note: Juvenile\ Open Juvenile Short Program will be subject to Intermediate criteria.

Intermediate	2 minutes	Intermediate FS 2.5 minutes
Novice	2 minutes 30 seconds *	Novice FS 3 minutes (L)
	2 minutes 30 seconds*	Novice FS 3.5 minutes (M)
Junior	2 minutes 50 seconds**	Junior FS 3.5 minutes (L)
	2 minutes 50 seconds**	Junior FS 4 minutes (M)
Senior	2 minutes 50 seconds	Senior FS 4 minutes (L)
	2 minutes 50 seconds	Senior FS 4.5 minutes (M)

Adult Pre-Bronze *** 1 minute 40 seconds

Adult Bronze *** 1 minute 40 seconds

Adult Silver *** 2 minutes 10 seconds

Adult Gold *** 2 minutes 40 seconds

**Novice Men and Ladies Short Programs shall correspond to requirements for the 2011-2012 competitive season.*

***Junior Men and Ladies Short Programs shall correspond to requirements for 2011-2012 competitive season.*

****Adult events will be grouped by levels and/or age if number of entries warrant. Men and ladies may be combined due to limited entries.*

WELL-BALANCED PROGRAM - COMPULSORY EVENTS:

Compulsory Moves must be executed without music and without stopping between moves. Double jumps may not be substituted for single jumps. An Axel is considered a single jump. In combination jumps, no change of foot or turn between jumps is allowed. Times listed are maximums. All listed moves must be performed. Additional or repeated elements and excessive footwork will be penalized. All levels will compete on half-ice. Spin revolutions are minimums. Required individual jumps cannot be repeated as part of the combination jump. Levels may be combined based on number of entries.

No Test: 1 minute

Salchow;
Toe-loop;
Loop;
Forward outside spiral;
Sit spin (min 3 revs.)

Pre-Preliminary: 1 minute

Combination jump consisting of 2 single jumps (axel allowed);
Loop;
Flip jump;
Spin combination with 1 change of position and no change of foot (min 4 revs total.);
Forward inside spiral

Preliminary: 1:15 minute

Combination jump (toe-loop with any other single);
Lutz jump;
Camel spin (min 3 revs);
Spin combination with 2 changes of position and no change of foot (min 5 revs total);
Forward inside spiral

Pre-Juvenile and Open Pre-Juvenile: 1.5 minutes

Combination jump, (any two singles or a double/single combination);
Axel; Spin Combination with 2 changes of position and 1 change of foot;
Layback spin (ladies); Camel spin (men);
Straight line step sequence footwork;
Choose either Ina Bauer or Spread Eagle.
(All spins min of 4 revs each foot.)

Juvenile and Open Juvenile: 1.5 minutes

Combination jump, (any double/double combination);
Axel; Spin Combination with 2 changes of position and 1 change of foot;
Layback spin (ladies); Camel spin (men);
Straight line step sequence footwork; Choose either Ina Bauer or Spread Eagle
(All spins min of 4 revs each foot.)

Adult Pre-Bronze: 1.5 minutes

Salchow jump; Loop jump;
Lunge; Combination jump (waltz-toe loop);
One foot upright spin (3 revs)

Adult Bronze: 1.5 minutes

Flip jump; Single jump sequence;
Sit spin (3 revs); Forward scratch spin;
Forward inside spiral

COMPETITIVE TEST TRACK - FREE SKATE EVENTS:

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but NOT both during the same nonqualifying competition. Competitors will skate to music of their choice, vocal music permitted. The 6.0 judging system will be used for all Test Track events.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- from EACH mark for each technical element included that is not permitted in the event description.
- from the technical mark for each extra or lacking element.
- for any spin with less than required revolutions.

LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
Limited Beginner Time: 1:30 +/- 10	Jumps with not more than one-half rotation (front to back or back to front). Jump sequences are allowed. Maximum 5 jump elements.	Two upright spins, no change of foot (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Beginner Time: 1:30 +/- 10 ***	Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Jump combinations and sequences are allowed. Maximum 5 jump elements.	Two upright spins, change of foot optional (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Pre-Preliminary Test Time: 1:30 +/- 10 ***	Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow, toe loop and loop only. Jump combinations and sequences with the above jumps are allowed. Maximum 5 jump elements.	Two spins held in one position only of a different nature, no change of foot (Min 3 revolutions and no flying spins)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating prepreliminary free skate test
Preliminary Test Time: 1:30 +/- 10	Jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jump elements.	Two spins of a different nature, combination spins allowed (Min 3 revolutions each and no flying spins)	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test

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COMPETITIVE TEST TRACK - FREE SKATE EVENTS (cont'd):

LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
<p>Pre-Juvenile Test</p> <p>Time: 2:00 +/-10</p>	<p>Jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements.</p>	<p>Three spins in any position (Min 3 revolutions), One must be a combination spin with change of foot optional (Min 3 revolutions on each foot or 6 total revolutions and no flying spins).</p>	<p>One step sequence straight line, circular, or serpentine fully utilizing ice surface.</p>	<p>Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test</p>
<p>Juvenile Test</p> <p>Time: 2:15 +/-10</p> <p>***</p>	<p>Any single jumps and jump combinations with not more than 1 ½ rotations. (Axel permitted). Maximum 5 jumping elements.</p>	<p>Three spins in any position (Min 4 revolutions) One must be a combination spin with one change of foot (Min 4 revolutions on each foot). May include flying spins.</p>	<p>One step sequence straight line, circular, or serpentine fully utilizing ice surface.</p>	<p>Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test</p>
<p>Intermediate Test</p> <p>Time: 2:30 +/-10</p>	<p>Any single jumps. Double jumps may only be the double Salchow and double toe loop. Jump combinations and sequences allowed. Maximum 6 jumping elements.</p>	<p>Three spins in any position (Min 4 revolutions) One must be a combination spin with at least one change of foot (Min 4 revolutions on each foot). May include flying spins.</p>	<p>One step sequence straight line, circular, or serpentine fully utilizing ice surface.</p>	<p>Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test</p>
<p>Novice Test</p> <p>Time: Ladies 3:00 +/-10 Men 3:30+/-10</p>	<p>Any single jumps. Double jumps may only be the double Salchow, double toe loop and double loop. Jump combinations and sequences allowed. Maximum 7 jumping elements for men and 6 for ladies.</p>	<p>Three spins in any position (Min 6 revolutions) One must be a combination spin with at least one change of foot (Min 5 revolutions on each foot). May include flying spins.</p>	<p>One step or spiral sequence (see rule 3660 for description).</p>	<p>Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test</p>

COMPETITIVE TEST TRACK - FREE SKATE EVENTS (cont'd):

LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
<p align="center">Junior Test</p> <p align="center">Time: Ladies 3:30 +/-10 Men 4:00+/-10</p>	<p>Any single jumps. Double jumps may only be the double Salchow, double toe loop, double loop and double flip. Jump combinations and sequences allowed. Maximum 8 jumping elements for men and 7 for ladies.</p>	<p>Three spins: One must be a spin in one position, one a flying spin, (6 revolutions each) one combination spin consisting of all three basic spin positions and one change of foot (Minimum 2 in each position and Minimum 5 revolutions on each foot).</p>	<p>One step sequence of advanced difficulty, covering the full ice surface. (See rule 3650 for description)</p>	<p>Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test</p>
<p align="center">Senior Test</p> <p align="center">Time: Ladies 4:00 +/-10 Men 4:30+/-10</p>	<p>At least four different double jumps. One must be a double Lutz. Jump combinations and sequences allowed. Maximum 8 jumping elements for men and 7 for ladies.</p>	<p>Three spins: One must be a spin in one position, one a flying spin, (6 revolutions each) one spin combination consisting of all three basic spin positions and one change of foot (Minimum 2 in each position and Minimum 5 revolutions on each foot).</p>	<p>Men: Two different step sequences. Ladies: One step sequence and one spiral sequence (see rule 3640 for description).</p>	<p>Skaters must have passed at least the U.S. Figure Skating junior free skate test</p>

PAIRS:

Test requirements apply to both partners. Free skating and short programs are combined events. Short program lengths are maximums. Competition shall be per the 2011-2012 competition rules as set forth in the current U.S. FIGURE SKATING rulebook.

LEVEL	TEST REQUIRED	FREESKATE LENGTH	SHORT PROGRAM
Pre-Juvenile	Pre-Juvenile Pair & Pre-Juvenile MIF	2 minutes	N/A
Juvenile	Juvenile Pair & Juvenile MIF	2 min 30 sec	N/A
Intermediate	Intermediate Pair & Intermediate MIF	3 minutes	N/A
Novice	Novice Pair & Novice MIF	3.5 minutes	2 min/30 sec
Junior	Junior Pair & JR MIF	4 minutes	2 min/50 sec
Senior	Senior Pair & Senior MIF	4.5 minutes	2 min/50 sec

***Novice, Junior & Senior Pair Short Programs shall correspond to the requirements per the 2011-2012 competitive season.)*

MOVES IN THE FIELD:

Age and Test requirements are the same as listed under Free Skate. This event will be judged on edge quality, quickness, extension and power. No additional elements may be added. Skaters must do elements in the order listed. Deductions will be made for too many introductory steps, toe-pushing and touch-downs.

LEVEL	MOVES/PATTERNS
Pre-Preliminary	PPM 2 Basic Consecutive Edges; PPM 3 Forward right and left foot spirals
Preliminary	PM 3 Forward Power 3-turns; PM 4 Alternating forward 3-turns, inside and outside
Pre-Juvenile / Open	Pre-Juvenile PJM 3 Forward Inside-Back Outside 3-turns in the field; PJM 4 Forward and backward change of edge pulls
Juvenile / Open	Juvenile JM 3 Eight step Mohawk sequence; JM 5 Backward Power 3-turns
Intermediate	IM 1 Backward double 3-turns; IM 4 Forward Twizzles
Novice	NM 4 Forward Loops; NM 6 Backward Twizzles
Junior	JRM 5 Backward Loop Pattern; JRM 6A Straight Line Step
Senior	SRM 1 Sustained edge step; SRM 5A Serpentine Step Sequence

SOLO DANCE:

Skaters may compete at the level qualified, as of entry deadline and/or one level higher. Each dance is a separate event. There are no test restrictions on the open dances. To be eligible for Pre-Preliminary level, the Preliminary Dance test may not have been completed.

TEST LEVEL	EVENTS OFFERED
Open	Hickory Hoedown, Foxtrot
Pre-Preliminary	Dutch Waltz, Rhythm Blues
Preliminary	Canasta Tango, Rhythm Blues
Pre-Bronze	Cha Cha, Fiesta Tango
Bronze	Ten Fox, Hickory Hoedown
Pre-Silver	European Waltz, Fourteenstep
Silver	Rocker Foxtrot, American Waltz
Pre-Gold	Paso Doble, Kilian
Gold	Westminster Waltz, Quickstep
Adult	Rhythm Blues, Fiesta Tango

COUPLES DANCE:

Test level requirements will be in accordance with the 2011-2012 competition rules per the current U.S. FIGURE SKATING rulebook. Each segment of Couples Dance is a separate event. Dance events levels may be combined if the number of entries warrant. Skaters may compete at the test level qualified at the entry deadline, or one level higher. Age requirements listed earlier apply to both partners. Neither partner in Preliminary may have passed a Bronze dance test. Dance competition will be in accordance with the 2011-2012 competition rules per the current U.S. FIGURE SKATING rulebook.

LEVEL	COMPULSORY DANCE	FD	
Pre-Juvenile	Dutch Waltz	Cha Cha	N/A
Juvenile	Fourteen Step*	Hickory Hoedown	2 min/15 sec
Intermediate	Tango*	Foxtrot	2 min/30 sec
Novice	Argentine Tango*	Starlight Waltz	3 minutes

*Each couple will provide their own music for the asterisked dance. Couple's chosen music may be +/- 2 beats per minute different from the tempo as stated in the dance description of the called dance and may include vocals.

Junior and Senior Short Dance and Free Dance per ISU Rules 2011-2012.

SPINS:

Age and test requirements are the same as listed under Free Skate. All levels are skated on one half of the ice surface. No music. Spins must be skated exactly as stated but may be skated in any order. Connecting steps may be used, but excessive moves will be penalized.

LEVEL	REQUIRED SPINS (minimum revolutions)
No Test	One foot upright spin (3); One foot upright back spin (3); Forward sit spin (3)
Pre-Preliminary	One foot forward scratch (3); Forward sit (3); Spin combination with 1 change of position and no change of foot (min 4 revs total.);
Preliminary	Forward sit (3); Forward Camel (3); Spin combination with 1 change of position and no change of foot (min 5 revs total);
Pre-Juvenile / Open Pre-Juvenile	Forward camel to sit, no change of foot (6 total in positions); Front scratch to Back scratch (4 on each foot); Ladies - layback (4); Men - sit spin (4)
Juvenile/Open Juvenile	Combination spin with only one change of foot and no change of position (4 on each foot, i.e.: camel back camel, or sit back sit); Forward camel spin (5 in position); Forward sit spin (5 in position)
Intermediate	Flying camel (5 in position); Combination with one change of foot and only one change of position (4 on each foot); Ladies - layback (5 in position); Men - crossfoot (5 in position)
Novice	Camel to back camel (4 on each foot in position); Combination with one change of foot (5 each foot) and only two changes of position; Flying spin of choice (6 in position)
Junior	Flying sit or flying change sit (8 in position); Combination with three positions and one change of foot (6 each foot); Ladies flying camel (8 in position), Men flying camel (6) to crossfoot (6), no change of foot
Senior	Flying spin of choice (8 in position); Combination with at least one change of foot and a minimum of two changes in position (min 12 revs total); Solo spin of skater's choice (8 in position)
Adult Pre-Bronze	One foot upright (3); two-foot spin (3); pivot
Adult Bronze	One foot upright (3); one foot back spin (3); forward sit spin (3)
Adult Silver	One foot upright (3); forward camel (3) forward sit spin or broken leg sit (3)

JUMPS:

Age and test requirements are the same as listed under Free Skate. No Test through Pre-Juvenile, and Adults will be skated on one-half of the ice surface. All other levels will skate on full ice. No music. Jumps must be skated exactly as stated. Solo jump required may not be repeated in combination. Skater should only execute a second attempt of the chosen jump if dissatisfied with the first attempt. If a second jump is executed, it will be the one judged.

LEVEL	REQUIRED JUMPS
No Test	Salchow jump; Loop jump; Single/single combination (no axel)
Pre-Preliminary	Flip jump; Lutz jump; Single/single combination (no axel)
Preliminary	Lutz jump; Axel; Single/single combination
Pre-Juvenile / Open Pre-Juvenile	Axel; Double salchow; combination of any double jump with toe loop
Juvenile / Open Juvenile	Axel; Double toe loop; combination of any double jump with a toe loop
Intermediate	Axel; Double loop, combination of any two double jumps
Novice	Double flip, Double lutz; combination of any two double jumps or a triple jump with a double jump
Junior	Double axel; combination of any two double jumps or a triple jump with a double jump or a triple-triple combination; any double or triple jump out of footwork
Senior	Double or triple axel; combination of any two double jumps or a triple jump with a double jump or a triple-triple combination; any triple or quad jump out of footwork
Adult Pre-Bronze	Waltz; waltz-toe loop combination, half-flip
Adult Bronze	Salchow; loop; single-single combination.
Adult Silver	Flip; loop; single-single combination.

ARTISTIC:

Vocal music may be used. Costumes should fit the music and are not a safety hazard. Props, if used, must be hand held at all times. Nothing may be placed on the ice. While skating is a major element of the program, the performance will be judged on entertainment value rather than technical skill. Judging will be based on originality, creativity, musical interpretation and movement that characterize the correct mood of the program. No props during warm-up.

SOLO ARTISTIC: Age and test requirements for non-adults are the same as listed under Free Skate. Adult Artistic competitors must be 21 years or older and meet minimum test requirements of the Adult Pre Bronze Free Skate test or the Adult Bronze Dance Test. Masters Artistic competitors must be 21 years or older and meet minimum test requirements of the Adult SilverFreeSkate test or the Adult Silver Dance test.

LEVEL	TIME(MAX)	LEVEL	TIME(MAX)
No Test	1 min/40 sec	Intermediate	2 min/10 sec
Pre-Preliminary	1 min/40 sec	Novice	2 min/10 sec
Preliminary	1 min/40 sec	Junior	2 min/40 sec
Pre-Juvenile/Open Pre Juvenile	1 min/40 sec	Senior	2 min/40 sec
Open -Juvenile/Open Juvenile	2 min/10 sec	Adult	1 min/40 sec

DUET ARTISTIC: No age or test requirements. Duets may be comprised of male/female, female/female, or male/male. Create a program with another skater; perform like you are in an ice show. You want to really entertain your audience! This is not a Pair event– pair lifts are not allowed. Applicable time limit is determined by level of highest level skater in the duet.

LEVEL	TIME	LEVEL	TIME
No Test	1 min/40 sec	Intermediate	2 min/10 sec
Pre-Preliminary	1 min/40 sec	Novice	2 min/10 sec
Preliminary	1 min/40 sec	Junior	2 min/40 sec
Pre-Juvenile/Open Pre-Juvenile	1 min/40sec	Senior	2 min/40 sec
Juvenile/Open Juvenile	2 min/10 sec	Adult	1 min/40 sec

Skaters placing fourth and higher in preliminary and higher solo artistic events, including adult events, will qualify to enter the next National Showcase. National Showcase contestants must also be qualified by test level. Duets are not required to qualify for National Showcase. For more information about qualifications, contact Melissa Bowman, National Vice Chair for National Showcase, at patinage_tx@verizon.net.

SYNCHRONIZED TEAM:

Teams may consist of men and women. U.S. FIGURE SKATING membership is required. Vocal music is allowed. U.S. Figure Skating Rule number 4600 - 4611 apply unless specified differently in this announcement. U.S. FIGURE SKATING registration number for each individual skater competing is required. Teams will be grouped by Division if there are at least two teams entered in the same division, otherwise all teams will compete against each other. Team must be registered with U.S. Figure Skating.

Preliminary 8 to 16 members 12 years of age or younger with the majority 10 years of age or under (Rule number 4710). 2:00 +/-10 seconds

Pre-Juvenile 8-16 skaters with the majority of the team under 12 years of age. (Rule number 4760)
2:00 +/-10 seconds

Juvenile 12 to 20 members under the age of 13 (Rule number 4700) 3:00 +/-10 seconds

Open Juvenile 8-16 skaters with the majority of the team under age 19. (Rule number 4770) 2:30 +/-10 sec

Intermediate 12 to 20 members under 18 years of age. (Rule number 4690) 3:30 +/-10 seconds

Novice 12-20 skaters who are under age 16 with the exception that up to 4 team members may be 16 or 17 (Rule number 4680) 3:30 +/-10 seconds

Open Adult 8 to 12 members. Majority 19 years of age or older. (Part Three rule number 4780) 2½ min

Adult 12 to 20 members 21 years of age or older with the majority 21 years of age or older. (Rule number 4730) 3:30 +/-10 seconds

Masters 12-20 skaters who are 25 years of age or older with the majority of skaters 35 years of age or older. (Rule number 4740) 3:00 +/-10 seconds

Open 8-16 skaters with the majority of the team 19 years of age or older (Rule number 4780) 2:30 +/-10 sec