

# **2011 ALAMO SKATE BASIC SKILLS & SPECIAL OLYMPICS COMPETITION**

*Organized by the*

**SAN ANTONIO FIGURE SKATING CLUB**

*To be held at*

Ice Center at Northwoods  
17530 Henderson Pass  
San Antonio, Texas 78232  
(210) 490-9550

**On  
February 27, 2011**

Chairman: Monica Ashley  
(210) 410-4838

Co chairman: Brenda Morey  
(830) 714-5384

Email: [safsc@live.com](mailto:safsc@live.com)

Website: <http://www.sanantoniofsc.com>

Referee: Dick Gold  
Accountant: Bill Whalen

**All entries must be entered into entryeeze.com NO LATER THAN  
January 14, 2011.  
Paper entries will not be accepted.**

**BASIC SKILLS & SPECIAL OLYMPICS COMPETITION  
SUNDAY, FEBRUARY 27, 2011**

Facilities

The Ice Center at Northwoods contains one ice surface, 200'x85" with hockey lines, pro-shop, miniature golf facilities and a soccer field. The Ice Center is a freestanding facility with snack bar, lockers and changing rooms available. Located nearby are restaurants, shopping, hotels and a movie theatre complex.

Eligibility

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or Individual Dances. Skaters in other events may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition. For FREE SKATE 1-6, eligibility will be based only upon highest free skate test level passed, moves in the field test level will not determine skater's competitive level.

Special Olympics competition is open to skaters 8 years or older who are receiving group or private instruction. Skaters must be registered as Special Olympians through the Special Olympics office.

Entry Fees

The entry fee for basic skills events is \$50 for the first event and \$25 for each additional event. The entry fee for Special Olympic events is \$35 for the first events and \$25 for each additional event. Late entries will not be accepted. **Entries must be submitted to entryeeze.com no later than January 14, 2011.** Only online entries submitted through entryeeze.com will be accepted. Late entries will be included at the discretion of the competition committee and the chief referee and a late fee of \$30 will be charged. Any entry changes made after the entry deadline will be assessed a \$25 fee and must be approved by the referee. The competition committee reserves the right to limit entries to any event or to cancel an event. A tentative schedule of event times will be posted on our web site by February 14, 2011. Per USFS Rule 3235, NO refunds will be granted except for event cancellation or rink closure. In case of injury (physician note required), entry fees will be refunded minus a \$30 cancellation fee. There will be a \$35 fee for returned checks.

Awards

Everyone will receive an award. All events will be final rounds. Medals will be awarded to first, second, and third places. All other places will receive ribbons. All awards will be made shortly after posting of event results.

### Schedule of Events

The competition schedule will be posted on our website [www.sanantoniofsc.com](http://www.sanantoniofsc.com). Please check the site often for updates and other important announcements.

### Music

CD's will be the only accepted form of music. CD's should be clearly marked with the name of the skater, event entered and length of music (not skating time). Competition music is to be turned in at the time of registration. Time duration is always +/- 10 seconds. It is recommended you have 2 copies of your music. One for registration and one backup maintained with your coach.

### Practice Ice

The Ice Center at Northwoods offers three one hour freestyle sessions on Friday afternoons that may be used for practice ice. These sessions begin at 3:15pm. All freestyle sessions are on a first come first served basis. The hourly rate is \$12. Contact the Ice Center at Northwoods at (210) 490-9550 or <http://www.northwoodsice.net> for more information. A \$35 guest coach fee is required for coaches not under contract with the Ice Center to be on the ice or at the boards with their students.

### Registration

A registration desk will be set up one and one-half hours prior to the first event. All entrants are required to register and be ready to skate at least one hour prior to their scheduled event(s).

### Photography

The official competition photographer will be available for still photos. Hand held personal video equipment will be permitted. No video equipment may be plugged into the rink outlets. No flash devices are allowed in ice arena as they are a hazard to skaters.

### Accommodations

Hampton Inn – Northwoods  
2127 Gold Canyon Dr.  
San Antonio TX 78232  
210-404-1144  
Mention Alamo Skate participant for a discounted rate.

Comfort Suites Stone Oak  
1754 N. Loop 1604 East  
San Antonio TX 78232  
210-495-5557  
Mention Alamo Skate participant for a discounted rate.

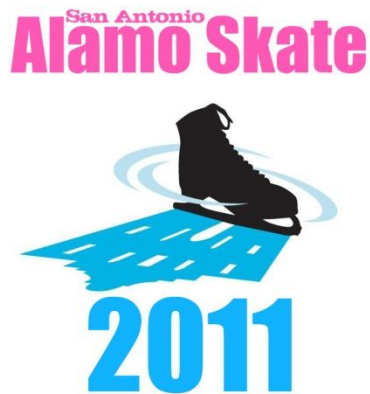
Both hotels are within five minutes walking distance of Northwoods Ice Center and have similar amenities.

### Admission

There will be no admission charged. All skaters are encouraged to invite family and friends.

### Souvenir t-shirts/Program Advertisements/Flowers

Ad space and trophy sponsorships may be pre-arranged by completing the attached order forms. Program advertisers will receive a free program. Programs may be purchased for \$5 throughout the competition. Flowers will also be available for purchase. **Souvenir t-shirts must be pre-ordered through [entrveeze.com](http://entrveeze.com) and will be available at the registration desk upon check-in.** Souvenir short sleeve t-shirts are \$20. T-shirts will be black, have a 50/50 poly cotton content and feature the design below although the skate will be white on the shirt. All Alamo Skate participants will be listed on the back of the shirt. Sizes available are youth small, medium or large and adult small, medium, large or extra large. The names of all skaters at Alamo Skate will be listed on the back of the shirt.



## BASIC ELEMENTS EVENT: SNOWPLOW SAM -BASIC 8

Each skater will have the option to perform one element at a time in the order listed below (no excessive connecting steps) or will perform each element when directed by a judge or referee. There will be no music allowed. These events are skated on 1/2 sheet of ice.

<b><i>EVENT</i></b>	<b><i>MAX TIME</i></b>	<b><i>REQUIREMENTS/RESTRICTIONS</i></b>
Snowplow Sam	1:00 minute or less Half Ice	<ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3 in a row</li> <li>3. Backward wiggles 2-6 in a row</li> <li>4. Forward snowplow stop</li> </ol>
Basic 1	1:00 minute or less Half Ice	<ol style="list-style-type: none"> <li>1. Forward two foot glide and dip</li> <li>2. Forward two foot swizzles 6-8 in a row</li> <li>3. Backward wiggles 6-8 in a row</li> <li>4. Forward snowplow stop</li> </ol>
Basic 2	1:00 minute or less Half Ice	<ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Forward alternating ½ swizzle pumps, in a straight line - 2 - 3 each foot</li> <li>3. Two foot turn in place forward to backward</li> <li>4. Backward two foot swizzles 6-8 in a row</li> <li>5. Moving snowplow stop</li> </ol>
Basic 3	1:00 minute or less Half Ice	<ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>3. Backward one foot glide - either foot</li> <li>4. Forward slalom</li> <li>5. Two foot spin, minimum three revolutions</li> </ol>
Basic 4	1:00 minute or less Half Ice	<ol style="list-style-type: none"> <li>1. Standstill forward outside three turn - R &amp; L</li> <li>2. Forward outside edge on a circle clockwise or counter clockwise</li> <li>3. Forward crossovers 4-6 consecutive, both directions</li> <li>4. Backward stroking 4 - 6 strokes</li> <li>5. Backward snowplow stop - R or L</li> </ol>
Basic 5	1:00 minute or less Half Ice	<ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counterclockwise</li> <li>2. Backward crossovers 4 - 6 consecutive - both directions</li> <li>3. Basic one-foot spin - free leg held to side of spinning leg - minimum three revolutions</li> <li>4. Side Toe hop -either direction</li> <li>5. Hockey stop</li> </ol>
Basic 6	1:00 minute or less Half Ice	<ol style="list-style-type: none"> <li>1. Standstill forward inside three turn-R &amp; L</li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line - R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
Basic 7	1:00 minute or less Half Ice	<ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump - either direction</li> <li>3. Back crossovers to a back outside edge landing position, clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
Basic 8	1:00 minute or less Half Ice	<ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three turns, R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka - either direction</li> <li>4. 1 Combination move – clockwise <u>or</u> counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position - minimum three revolutions</li> </ol>

**BASIC PROGRAM EVENT: SNOWPLOW SAM - BASIC 8**

The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Programs will be skated on full ice. Vocal music is allowed. The skater may use elements from a previous level. A .2 deduction will be taken for each element performed from a higher level.

<b><i>EVENT</i></b>	<b><i>MAX TIME</i></b>	<b><i>REQUIREMENTS/RESTRICTIONS</i></b>
Snowplow Sam	1:00 minute +/- 10 seconds	<ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3 in a row</li> <li>3. Backward wiggles 2-6 in a row</li> <li>4. Forward snowplow stop</li> </ol>
Basic 1	1:00 minute +/- 10 seconds	<ol style="list-style-type: none"> <li>1. Forward two foot glide and dip</li> <li>2. Forward two foot swizzles 6-8 in a row</li> <li>3. Backward wiggles 6-8 in a row</li> <li>4. Forward snowplow stop</li> </ol>
Basic 2	1:00 minute +/- 10 seconds	<ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Two foot turn in place forward to backward</li> <li>3. Backward two foot swizzles 6-8 in a row</li> <li>4. Forward alternating ½ swizzle pumps, in a straight line - 2-3 each foot</li> <li>5. Moving snowplow stop</li> </ol>
Basic 3	1:00 minute +/- 10 seconds	<ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, clockwise or counterclockwise 4-6 consecutive</li> <li>3. Backward one foot glide - either foot</li> <li>4. Forward slalom</li> <li>5. Two foot spin - minimum three revolutions</li> </ol>
Basic 4	1:00 minute +/- 10 seconds	<ol style="list-style-type: none"> <li>1. Forward crossovers 4-6 consecutive both directions</li> <li>2. Standstill forward outside three-turn - R &amp; L</li> <li>3. Backward stroking - 4-6 strokes</li> <li>4. Backward snowplow stop - R or L</li> </ol>
Basic 5	1:00 minute +/- 10 seconds	<ol style="list-style-type: none"> <li>1. Back crossovers 4-6 consecutive. in both directions</li> <li>2. Basic one foot spin - free leg held to side of spinning leg - minimum three revolutions</li> <li>3. Side Toe hop -either direction</li> <li>4. Hockey stop</li> </ol>
Basic 6	1:00 minute +/- 10 seconds	<ol style="list-style-type: none"> <li>1. Standstill forward inside three turn - R &amp; L</li> <li>2. Bunny Hop</li> <li>3. Forward arabesque spiral on a straight line - R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
Basic 7	1:00 minute +/- 10 seconds	<ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump - either direction</li> <li>3. Back crossovers to a back outside edge landing position, clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
Basic 8	1:00 minute +/- 10 seconds	<ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three-turns, R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka - either direction</li> <li>4. 1 Combination move – clockwise or counter clockwise– two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position-minimum three revolutions</li> </ol>

**FREE SKATE 1-6 COMPULSORY EVENT**

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional. Event will be held on half ice. No music will be allowed. The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels. A .2 deductions will be take for each element performed from a higher level. Program length will be 1:15 or less.

<p><b><u>Free skate 1 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Advanced forward stroking - 4-6 consecutive.</li> <li>2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside.</li> <li>3. One-foot upright scratch spin from backward crossovers minimum three revolutions.</li> <li>4. Waltz jump from backward crossovers.</li> <li>5. Half flip jump.</li> </ol>	<p><b><u>Free skate 4 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Forward power 3's, 2-3 consecutive sets R or L.</li> <li>2. Sit spin - minimum three revolutions.</li> <li>3. Loop jump.</li> <li>4. Waltz jump/loop jump.</li> </ol>
<p><b><u>Free skate 2 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside or inside spiral - R or L.</li> <li>2. Waltz Three's - R or L, 2-3 sets.</li> <li>3. Beginning back spin - entry optional.</li> <li>4. Waltz jump, side toe hop, waltz jump series.</li> <li>5. Toe loop jump.</li> </ol>	<p><b><u>Free skate 5 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Camel spin - minimum three revolutions.</li> <li>2. Forward upright spin to back upright spin - minimum three revolutions, each foot.</li> <li>3. Loop/loop jump.</li> <li>4. Flip jump.</li> </ol>
<p><b><u>Free skate 3 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Forward crossovers in a figure 8.</li> <li>2. Advanced forward outside swing rolls 4-6 consecutive.</li> <li>3. Back spin minimum three revolutions.</li> <li>4. Salchow jump.</li> <li>5. Waltz jump/toe loop or Salchow/toe loop.</li> </ol>	<p><b><u>Free skate 6 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Free skate 6).</li> <li>2. Camel, sit spin combination - minimum of 4 revolutions total.</li> <li>3. Split jump or stag jump.</li> <li>4. Waltz jump, 1/2 loop, Salchow combination.</li> <li>5. Lutz jump.</li> </ol>

## FREE SKATE 1-6 PROGRAM EVENT

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed or length of glides, number of revolutions, etc, unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed. The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels. A .2 deduction will be taken for each element performed from a higher level. Program length will be 1:30 +/- 10 seconds.

<p><b><u>Free skate 1</u></b></p> <ol style="list-style-type: none"> <li>1. Advanced forward stroking 4-6 strokes.</li> <li>2. One-foot upright scratch spin from back crossovers - minimum three revolutions.</li> <li>3. Waltz jump from back crossovers.</li> <li>4. Half flip jump.</li> </ol>	<p><b><u>Free skate 4</u></b></p> <ol style="list-style-type: none"> <li>1. Forward power 3's, 2-3 consecutive R or L.</li> <li>2. Sit spin - minimum three revolutions.</li> <li>3. Loop jump.</li> <li>4. Waltz jump/loop jump.</li> </ol>
<p><b><u>Free skate 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside spiral R or L.</li> <li>2. Beginning back spin.</li> <li>3. Waltz jump, side toe hop, waltz jump.</li> <li>4. Toe loop.</li> </ol>	<p><b><u>Free skate 5</u></b></p> <ol style="list-style-type: none"> <li>1. Camel spin - minimum three revolutions.</li> <li>2. Forward upright spin to back upright spin - minimum three revolutions each foot.</li> <li>3. Loop/loop combination jump.</li> <li>4. Flip jump.</li> </ol>
<p><b><u>Free skate 3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward crossovers in a figure 8.</li> <li>2. Back spin - minimum three revolutions.</li> <li>3. Salchow.</li> <li>4. Waltz jump/Toe loop or Salchow/toe loop.</li> </ol>	<p><b><u>Free skate 6</u></b></p> <ol style="list-style-type: none"> <li>1. Camel/sit spin combination, minimum four revolutions total.</li> <li>2. Split or stag jump.</li> <li>3. Waltz jump/1/2 loop/Salchow combination.</li> <li>4. Lutz jump.</li> </ol>

## SPECIAL OLYMPICS BADGE PROGRAM

The Special Olympics Sports Skills Program is designed for people with mental handicaps who may exhibit any number of physical impairments. The Special Olympics Figure Skating Badge Program allows athletes to learn skills in a progressive order and earn badges at each level. Athletes who complete the Special Olympics Badge Program will be prepared to move into the existing badge program at local rinks.

### **Badge 1**

- A. Stand unassisted for five seconds
- B. Fall and stand up unassisted
- C. Knee dip standing still unassisted
- D. March forward ten steps unassisted

### **Badge 2**

- A. March forward ten steps unassisted
- B. Swizzles, standing still: three repetitions
- C. Backward wiggle or march assisted
- D. Two foot glide forward for distance of at least length of body

### **Badge 3**

- A. Backward wiggle or march
- B. Five forward swizzles covering at least ten feet
- C. Forward skating across the rink
- D. Forward gliding dip covering at least length of body: L & R

### **Badge 4**

- A. Backward two foot glide covering at least length of body
- B. Two foot jump in place
- C. One foot snowplow stop: L & R
- D. Forward one foot glide covering at least length of body: L & R

### **Badge 5**

- A. Forward stroking across rink
- B. Five backward swizzles covering at least ten feet
- C. Forward two foot curves left and right across rink
- D. Two foot curves left and right across rink

### **Badge 6**

- A. Gliding forward to backward two foot turn
- B. Five consecutive forward one foot swizzles on circle: L & R
- C. Backward one foot glide length of body: L & R
- D. Forward pivot

### **Badge 7**

- A. Backward stroking across the rink
- B. Gliding backward to forward two foot turn
- C. T-stop left or right
- D. Forward two foot turn on a circle: L & R

### **Badge 8**

- A. Five consecutive forward crossovers: L & R
- B. Forward outside edge: L & R
- C. Five consecutive backward 12 swizzles on a circle: L & R

### **Badge 9**

- A. Forward outside three turn: L & R
- B. Forward inside edge: L & R
- C. Forward lunge or shoot the duck at any depth
- D. Bunny hop

### **Badge 10**

- A. Forward inside three turn: L & R
- B. Five consecutive backward crossovers: L & R
- C. Hockey stop
- D. Forward spiral three times length of body

### **Badge 11**

- A. Consecutive forward outside edges: minimum of two on each foot
- B. Consecutive forward inside edges: minimum of two on each foot
- C. Forward inside Mohawk: L & R
- D. Consecutive backward outside edges: minimum of two on each foot
- E. Consecutive backward inside edges: minimum of two on each foot

### **Badge 12**

- A. Waltz jump
- B. One foot spin: min of three revolutions
- C. Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise.
- D. Combination of three moves chosen from badges 9-12

## ARTISTIC EVENTS

Artistic events are open to skaters in the Basic, Free Skate and Special Olympic categories. Groups will be divided by number of entries and ages if possible and males and females may mixed in events. Skaters must enter at the same level as their free skate event. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. vocal music is permitted. Skaters will be judged on musical interpretation and feeling, expression, and how the skating relates to the music. Show costumes are permitted, as long as they do not touch or drag on the ice. Only hand held props are allowed. Props must remain in the skater's hand(s) at all times. 6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

<i><b>CATEGORY</b></i>	<i><b>MAX TIME</b></i>	<i><b>ELEMENTS</b></i>	<i><b>QUALIFICATIONS</b></i>
Basic 1-8	1:00	Elements only from Basic 1-8 curriculum	May not have passed any higher than Basic 8 level
Free skate 1-6	1:30	3 jump maximum. 1/2 rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.
Special Olympic	1:00	Elements only from Special Olympics 1 - 12 curriculum	May not have passed any higher than Special Olympic Badge 12

Want to Place an Ad?  
Give your skater a Shout-out!

Parents, skaters, friends of skaters or sponsors who would like to advertise or place a special message in the competition program may do so for the following fees:

Back Page.....	\$130.00
Inside Back Cover.....	\$ 90.00
Inside Front Cover.....	\$110.00
Full Page.....	\$ 80.00
Half Page.....	\$ 65.00
Quarter Page.....	\$ 35.00
Business Card Size.....	\$ 25.00

Below, indicate the size of your ad, include a handwritten or typed message and return this page with your entry form. You may include a picture of your skater.

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Please enclose a separate check payable to SAFSC and mail it with this form to Brenda Morey, 1510 Palmer View, San Antonio, TX 78260. Patrons will receive a complimentary program.

All advertising rates are based on camera-ready copy which is black on white, and the exact size and shape of the ad. All photographs must be black and white glossies, no negatives will be accepted. THE DEADLINE FOR ADS IS January 14, 2011 (same as for entries).